

WORK VAPOR

Job Link: <https://workvapor.com/jobs/mobile-personal-trainer-hybrid-friendswood-tx-40-50-hr-real-fitness-and-performance/>

MOBILE PERSONAL TRAINER – HYBRID FRIENDSWOOD TX

BASE SALARY

USD 40 - USD 50

DESCRIPTION

Company: Real Fitness and Performance

Position: Mobile Personal Trainer

Industry: Health & Fitness | Personal Training

Location: Friendswood, Texas 77546 (Hybrid – Mobile Client Locations)

Employment Type: Independent Contractor (Full-Time / Part-Time / Contract)

Pay Rate: \$40 – \$50 per hour

Expected Hours: 10 – 40 hours per week

Application Email: realfitsystems@gmail.com

Role Overview:

- Provide in-home, park, or office-based personal training sessions
- Deliver customized workouts using supplied equipment
- Work independently in a mobile training environment
- Mentorship available for newer trainers
- Flexible scheduling with client-based sessions

HIRING ORGANIZATION

Real Fitness and Performance

EMPLOYMENT TYPE

Full-time, Part-time, Contractor

JOB LOCATION

Texas, UNITED STATES

? Remote work from: UNITED STATES

DATE POSTED

? 02/17/2026

Key Responsibilities:

- Design and deliver effective, goal-oriented training programs
- Adapt workouts using minimal or available client equipment
- Maintain professional standards and punctuality
- Motivate and support clients toward fitness goals
- Travel to various client locations

Required Qualifications:

- Nationally recognized Personal Training certification (NASM, ACSM, ACE, etc.)
OR degree in Kinesiology or Exercise Science
- Active personal professional liability insurance
- Clean background check upon hire
- Reliable transportation
- Strong time-management and communication skills

Ideal Candidate Traits:

- Self-motivated and professional
- Comfortable working independently
- Adaptable in different training environments
- Strong interpersonal and motivational skills

Benefits & Perks:

- Flexible schedule
- Equipment provided
- Mentorship support
- Independent work environment

How to Apply:

Send your resume and a copy of your certification or degree to realfitsystems@gmail.com

