

WORK VAPOR

Job Link: <https://workvapor.com/jobs/mental-health-therapist-25-40-hour-telehealth-232444/>

HIRING ORGANIZATION

Helen's Project Mental Health Care

EMPLOYMENT TYPE

Part-time

JOB LOCATION

Virginia, United States

? Remote work from: United States

DATE POSTED

? 09/22/2026

MENTAL HEALTH THERAPIST – \$25-\$40/HOUR – TELEHEALTH

BASE SALARY

USD 25 - USD 40

DESCRIPTION

Mental Health Therapist

Company: Helen's Project Mental Health Care

Location: Remote

Service States: Washington and Virginia

Employment Type: W-2, Full-time / Part-time

Full-Time Availability: Minimum 32 clinical hours per week

Pay: \$25–\$40 per hour

Contact Details

Email: humanresources@helensproject.org

Phone: +1 8304007037

Application:

About Helen's Project Mental Health Care

Helen's Project Mental Health Care is a nonprofit organization founded in 2009.

The organization provides accessible mental health care through evidence-based and client-centered telehealth services. Services are offered to youth ages 5 and older through adults.

About the Position

Helen's Project is looking for licensed Mental Health Therapists to join its remote clinical team.

The therapist will provide telehealth services to a diverse client caseload. The position also includes clinical documentation and collaboration with an interdisciplinary care team.

Openings are available for both full-time and part-time positions.

Schedule and Availability

Full-time W-2 employees must have at least 32 available clinical hours per week.

Scheduling is managed through the Front Desk and Reception Department. Employees must maintain reliable availability and submit schedules through approved systems.

Key Responsibilities

- Provide individual therapy.
- Provide couples therapy.
- Provide family therapy.
- Provide group therapy when applicable.
- Deliver services through a HIPAA-compliant telehealth platform.
- Conduct clinical assessments.
- Create individualized treatment plans.
- Use evidence-based treatment approaches.
- Monitor client progress.
- Adjust treatment plans when clinically appropriate.
- Complete session notes within 48 hours.
- Maintain accurate clinical records.
- Collaborate with the interdisciplinary care team.
- Support continuity of care.
- Help clients with anxiety and depression.
- Support clients dealing with trauma.
- Support relationship challenges.
- Help clients manage life transitions.
- Follow ethical standards.
- Follow licensing board requirements.
- Follow state-specific regulations.
- Participate in supervision when applicable.
- Attend staff meetings.
- Participate in professional development.

Required Qualifications

- Active and unrestricted clinical license in the state where services are provided.
- Accepted licenses may include LPC, LCSW, LMFT, or equivalent credentials.
- Comfortable working fully remote.
- HIPAA-compliant home office environment.
- Reliable internet connection for telehealth.
- Strong clinical documentation habits.
- Ability to maintain timely records.
- Commitment to the organization's mission.
- Interest in serving diverse client populations.

Associate and Provisionally Licensed Clinicians

Associate and provisionally licensed clinicians are welcome to apply.

Free clinical supervision is provided as an employment benefit. Supervision is subject to supervisor availability and organizational standards.

Compensation

Pay is \$25–\$40 per hour.

Compensation is based on the completed session rate discussed during the offer process.

No-shows are not compensated.

Benefits

- Free clinical supervision for eligible associates and provisionally licensed clinicians.
- Health insurance eligibility after 1 year for full-time employees.
- PTO eligibility after 1 year of continuous employment.
- Tuition reimbursement.
- 50% tuition reimbursement after 1 year.
- 75% tuition reimbursement after 3 years.
- 100% tuition reimbursement after 5 years.
- Loan forgiveness program eligibility as a qualifying nonprofit employer.
- Fully remote work.
- Flexible schedule.

Pre-Employment Requirements

Employment offers are subject to:

- Background check.
- Credential verification.
- Onboarding orientation.
- Mandatory one-week onboarding training.

Client-facing work cannot begin until Human Resources provides full onboarding clearance.

Hiring Process

Candidates should respond to interview scheduling requests within 7 days.

The hiring process includes two sequential interviews. Advancement is not guaranteed at any stage.

Required assessments and questionnaires must be completed before moving to the next stage.

The organization aims to provide timely updates throughout the hiring process.

Equal Opportunity

Helen's Project is an equal opportunity employer.

Employment decisions are made without regard to protected characteristics under applicable law.

How to Apply

Apply through:

You may also send your resume to:

humanresources@helensproject.org

For questions contact:

+1 8304007037

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